

Contemplative Spaces

Registration at the information desk at the beginning of the conference

	Name	Language	Topic/Title
Anthroposophical	Dackweiler, Michael	DE	Conversation on open School of Spiritual Science work OR Class lesson with conversation (only for members)
	Oeder, Michael	DE	Discussion about religious acts and rituals in communities
	Sleigh, Joan	DE/EN	Practicing soul hygiene – with the six basic exercises by Rudolf Steiner
	Vanmechelen, Bart	EN	Conversation on open School of Spiritual Science work OR Class lesson with conversation (only for members)
Meditative and mindful	Daniel, Elvira	DE/FR	Relaxing with singing bowls. <i>Please bring warm comfortable clothing.</i>
	Marti, Erendira	DE	Relaxation journeys with meditation. <i>Please bring warm comfortable clothing.</i>
	Zausch, Sonja	DE/EN	Experience listening! Experience speaking!
Movement	Gaiser, Karin	DE	Introduction to Tibetan Healing Yoga Lu Jong
	Recht-Granges, Geneviève	DE/FR	Creating strength through movement – vital eurythmy. <i>Please bring slippers/thick socks!</i>
Painting/crafts	Neu, Matthias	DE	Watercolor painting: What lives in me, what do I reveal and what becomes of it...
Writing workshop	Löwe, Sandra	DE/EN	Letters to the future. <i>Please bring pen!</i>
Other	Maiwald, Christiane	DE	Feel your center – Chirophonetics
	Eymann, Ulrike/	DE/EN	Metallic colored light therapy as self-awareness
	Möhlmann, Thomas	DE/EN	Labyrinth installation on the Goetheanum to accompany those who have died
	Rothkegel, Martin	DE	Simple. Speech.
	Steinel, Daniela	DE	