# 32 Nicole Asis, Joan Sleigh

# **EN Unfolding individual potential** online through empathic encounters

The health and sustainability of the environment and society depend on social inclusion, dignity and integrity, the agents of which are purely human. Only humans can interact through silent listening, through which the emerging being can evolve. This group will explore how social encounters can be activated and enhanced through listening exercises. • Nicole Asis, born and raised in the Philippines, Teacher, musician and music therapist, editor at Social Initiative Forum in Dornach/CH. • Joan Sleigh, raised in Camphill, member of the Executive Council of the General Anthroposophical Society in Dornach/CH.

- 33 Richard Blake
- **EN Sharing ways to live sustainably** unfortunately cancelled due to the current situation
- 34 Pim Blomaard
- DE/EN/NL The art of the centre finding ways towards renewal unfortunately cancelled due to the current situation
  - 35 Jessie Delage
- EN/FR/ES My body, my movement, constant sources of learning unfortunately cancelled due to the current situation
  - 36 Paula Cardoso Mourão
- DE/ES/PT Educate using circular movement

unfortunately cancelled due to the current situation

- 37 Gleice Da Silva
- EN Stories and their potential for healing unfortunately cancelled due to the current situation



### 38 Andrea De La Cruz Barral

# EN/ES Shaping the future out of our questions

online The Youth Section holds interviews with people from all over the world for our ongoing social study on the spiritual striving of youth. Along the journey we've listened to wonderful testimonies that touched us, transformed us and educated us. This workshop, designed out of our own experiences, invites to participate in a human-oriented social-scientific process that can be applied to any professional context wishing to approach the human being out of love and devotion for their individual destiny. • Andrea De La Cruz Barral, member of the team of the Youth Section at the Goetheanum in Dornach/CH. youth researcher, events coordinator and facilitator.

- 39 Ruth Enste, Marianne Irmler
- DE Early intervention recognizing, identifying, supporting unfortunately cancelled due to the current situation

# 40 Katrin Fichtmüller. Betty Santos

# DE/FR Growing old with dignity

People with intellectual disabilities are growing older and this confronts the institutions that have become their home with new challenges. Adaptation is required in terms of space, time and quality of life. We would like to present examples of life designs for the elderly, gain new insights through sharing experiences and use social games as ways of meeting one another. • Katrin Fichtmüller, works in anthroposophic social therapy for 28 years, as educator, art therapist and leadership member. Council delegate for Switzerland. • Betty Santos. former kindergarten teacher; leading position in social therapy for the past twenty years.

- 41 Eric Fleming, John Newey
- EN Signs of learning: Creating soulful emblems unfortunately cancelled due to the current situation

### 42 Angelika Gräf

# DE Learning how to do research

«Looking carefully - understanding more - being better understood - contributing to positive changes.» Report on establishing an inclusive research group at Elfenborn village community/DE. Getting to know basic research methods and simple research exercises. • Angelika Gräf, worked at Odilia Community/DE. 2015 MEd Pedagogical practice research, Alanus University Alfter/DE. Foundation of an inclusive research aroup in 2016.

### 43 Claudio Jax, Fiona Jaffke

### DE/EN Supporting young volunteers in their learning process

online Looking at young people who volunteer as learners in institutions, we will ask questions such as: How can we accompany their learning process? What does volunteering mean in a person's biography? What can we as adult mentors learn from volunteers? How do we experience working and living with volunteers? This work group can be inclusive. The group would value hearing of people's everyday experiences with volunteers. • Claudio Jax, biographically connected with volunteering services for 20 years; coordinator of international volunteering services at Friends of Waldorf Education since 2005. • Fiona laffke, mentor of young people in their volunteering placements in Germany; seminar leader.

### 44 Sebastian Jüngel, Gabriela Jüngel

### DE/EN Humor moves us: The clown in me

Clowns touch us and cheer us up. They are pure joy - they are close to us. Playfully and through shared experiences we will discover an (our!) evolving being par excellence. We are curious, clumsy, we don't give up, we fail and we persist. Again and again. Objects become beings, with a will of their own. They drive us close to despair. Or become our accomplices. The clown can become a symbol of our emerging earthly \(\dagger)\). Contact: juengel@gmx.ch — Please bring comfortable clothes and shoes (no sportswear) and a red nose (emergency noses available). • Sebastian lüngel, author, clowning training with Yve Stöcklin/CH. Works in communications at the Goetheanum in Dornach/CH. • Gabriela Jüngel, eurythmist, eurythmy therapist and play group leader. Clowning training with Yve Stöcklin/CH.

### 45 Liese Jung, Mairena Wilmer Cruz

# DE/ES I'm a researcher! I can do cycle of the year and climate protection!

Inclusive approach to self-efficacy with children and adolescents, trainees and colleagues. Self-experience, practice reports and presentation of the international project Sevengarden and its implementation, through experience, painting, practising. • Liese Jung, curative educator working with children and adolescents in Heilpädagogische Gemeinschaft in Kirchhain/DE, family therapist. • Mairena Wilmer Cruz. curative educator working with adolescents in residential settings and on education projects in Nicaragua and at Heilpädagogische Gemeinschaft in Kirchhain/DE.

### 46 Mariano Kasanetz

### DE/ES Wonder, reverence, harmony, devotion

Four steps towards the reality of our fellow human beings through whom serving becomes possible. (Based on lectures 1 and 2 of Rudolf Steiner's cycle The World of the Senses and the World of the Spirit, GA 134) • Mariano Kasanetz, priest in Argentina until 2019, since then co-director at the Priest Seminary in Stuttgart/DE.

### 47 Hein Kistner

# DE Biography work with persons with disabilities

We will study the foundations and methods of biographical counselling for people with disabilities, using examples from practice. Participants should be prepared to explore the methods presented by using examples from their own life. • Hein Kistner, curative educator, biographical counsellor, lecturer at the Academy for Biographical Counselling in the residential and working community Am Bruckwald/DE.

# 48 Monica Lonoce Lange

# DE Accompanying experiences of loss and death in schools

You will get to know simple ways of accompanying experiences of loss in a healthy process in everyday school life. "What can one say? What do I say to relatives? Where are the boundaries? How do I protect myself? What does really help when someone is in deep mourning?" We will work on methods that can give us more confidence in our everyday work at school. • Monica Lonoce Lange, MA of advanced studies in prevention and health promotion. Trainer for social therapists and social paedagogues since 2006 on «Supporting processes of loss», www.FmotionsKultur.ch

### 49 Rainer Menzel, Claudio Eyer

### DE Lifelong learning project

online Although lifelong learning is the reality for people with special needs, it is not sufficiently formalized, let alone documented or recognized. We will gather and extend the possibilities available. At Humanushaus this has become an internal inclusive project. We are able to report on our first ideas and experiences and are interested in an exchange. • Rainer Menzel, co-leader at Humanushaus/ CH since 2006, responsible for finances and administration. Member of the Fonds für Heilpädagogik und Sozialtherapie Dornach/CH. Claudio Eyer, social paedagogue at Humanushaus/CH. Establishment and support of the self-converter-council

- 50 Hai Nguyen Phuoc, Trinh Phan To
- **EN Gross National Happiness in social therapy** unfortunately cancelled due to the current situation

### 51 Michael Oeder, Lena Effertz

# multi- Dance and light movement

lingual Movement should be fun! A potpourri of rhythms from Abba to pop to Balkanbeats that can be translated into the simplest movements. You can't go wrong. We perceive each other, enjoy and include new ideas for movement and touch. We will also study a choreography and try to understand the therapeutic effect of our movements (just a bit of theory). • Michael Oeder, farmer, curative educator, lives in Camphill communities/DE for many years. • Lena Effertz, lives in Alt-Schönow/DE for many years, loves dancing and is good at showing others how to do it and at motivating them.

- 52 Fernanda Perez
- ES Dance! The Gods will thank you for it!

unfortunately cancelled due to the current situation

### 53 Udo Pfeil

### DE Ways towards a social-therapeutic learning community

Our educational task in social therapy is not based on a given curriculum but on our understanding of the human being. How do we see this task? How do we fill it? We will explore these questions on the basis of the "Theses on education in social-therapeutic communities" (Social Therapy Work Group 2019), using examples of good practice to inspire each other to transform social-therapeutic communities into learning communities. By stimulating head, heart and hand equally with artistic activities, we will deepen our understanding of learning.

• Udo Pfeil, workshop leader at Eingliederungshilfe (integration support) in Zurich/CH, organizational consultant, member of the Council's Social Therapy Work Group (STAG).

### 54 Becky Rutherford

# EN/ES/ASL Understanding reverence, love, freedom through art

unfortunately cancelled due to the current situation

### 55 Erika Schär

### DE/FR Playing the lyre

How do I hear? What do I hear? How is my tone? We will learn the basics of lyre playing, improvise together and train our hearing. Beginners and advanced players are welcome. • Erika Schär, musician and social therapist, head of the socio-psychiatric institution Anfora in Dornach/CH, lyre teacher at HFHS in Dornach/CH. Council delegate for Switzerland.

### 56 Leonhard Schuster

# DE The Representative of Humanity – a path to our inner attitude

«For, my dear friends, you would not believe how little it matters what I say or don't say superficially and how relevant it is what I am as an educator.» (Rudolf Steiner, Curative Education Course, Lecture 2). By studying and observing the individual figures of the sculpture we will try to find an inner foundation for our therapeutic practice, and look for it also in the Curative Education Course. • Leonhard Schuster, house coordinator in a social-therapeutic institution for adults/DE, anthroposophic art therapist.

### 57 Christiane Starke

### DE The effectiveness of speech in curative education

Using conversation and practical exercises we will explore the therapeutic effect of content, words and sounds. Speech and speaking can be very powerful and promote development from out of a special spiritual space. • Christiane Starke, has worked as curative educator and speech artist in the residential community Bingenheim/DE for 40 years.

### 58 Sabine Tammer

### DE/EN/FR Music is my life

Simple improvisation exercises, exploring the sound qualities of wood, metal and stone, looking for a common musical experience, independently of age and education. From the work with children, adolescents and adults in social therapy. • Sabine Tammer, music therapist and music teacher, house coordinator in the residential community Sassen/DE, over 40 years of studies into the effect of music and improvisation.

### 59 Roberta Tazzioli, Sara Colonna

# DE/IT Map of emotions

We will look at photos and pictures and name the emotions they evoke, trying to find orientation for our everyday feeling life, because feelings are contextualized out of our experiences. They are immediate and real. We will share the experiences we have gained in practice. Roberta Tazzioli, teacher in the social-therapeutic community LA MONDA/IT. Former Waldorf teacher. • Sara Colonna, head of the social-therapeutic community LA MONDA/IT. Curative educator. Member of the Council's Social Therapy Work Group (STAG).

### 60 Doris Unger, Jan Göschel

# DE/EN/ES «... in the mirror of the soul is forming itself ...»

unfortunately cancelled due to the current situation

### 61 Holger Wilms

### DE/EN Strengthening trust through team conversations

For trust to develop in everyday life and communication to be as smooth and factual as possible, team members need to experience relationships subjectively as positive (mood, tone, recognition, fairness, commitment, closeness/distance ...). Collegial relationship problems always impact negatively on the factual level because facts are dominated by relationships (cf. Watzlawick, 1969). Equally, vague arrangements, role assignments and task allocations – in short: unclear structures – tend to lead to confusion at the relationship level, while clear structures protect relationships. • Holger Wilms, curative educator, journalist. Leadership member in a village community for several years/DE, certified mediator, QM trainer for Ways to Quality, Further training in Group Dynamics with Eberhard Stahl. Council delegate for Germany, member of the Fonds für Heilpädagogik und Sozialtherapie Dornach/CH.

### 62 June Yu, Richard She

### EN/ZH Social art for the digital generation

We hope to share the experiences of working with the digital generation. We will integrate practical situations of the participants. Working with social art and art therapy exercises to support the communication and participation of the learning community. We welcome people who are working with adolescents, or adolescents themselves. June Yu, Waldorf art teacher and teacher trainer, supporting the initiative of BD farming, curative education and anthroposophic medicine. Recently working at Athena Waldorf Academy in Mingdao University/TW with the ideal of developing a healing community. • Richard She, healer and professional translator. Coordinator of art therapy training in Taiwan.

