



*Herbsttagung vom 07.-09.10.2021*

**Annehmen/Acceptance – Mitschwingen/Resonance –  
Wahl-Gemeinschaften/Community of choice**

**Journaling – closing remarks about the conference**

**1. PLACES OF DISCOVERIES**

Over the conference, where did you feel enthusiasm? Mention 2-3 moments.

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**2. INSPIRATION**

What were the 2 -3 important or new inspirations during the conference to you, you want to report or realize at home?

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**3. SUPPORT**

Who can support you when you want realize these?  
What would you like to ask him or her?

#### 4. UNPLEASANT TASKS

Have you identified something that is taking away power in your life/work?

What do you perhaps want to part with or say goodbye to?

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#### 5. SOURCES OF STRENGTH

What are your greatest sources of strength in your current life and work?

Where would you like to open up or grow even more?

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