



Continuing Education for Trainers

Developing an International Peer to Peer Process

A Strategic Partnership for Exchange of Good Practice (2020-2023)

Methodical-Didactic Lab II: Holding the Void – Acting in Radical Uncertainty
Anthroposophic Center, Kassel (DE) and online, May 4 - 7, 2022

February 28, 2022

Dear colleagues in the partner organizations of the ERASMUS+ project, in the International Training Circle, and in professional education in curative education and social therapy in our worldwide network,

We warmly invite you to the second of three Methodical-Didactic Labs, conducted as part of our collaboration in a Strategic Partnership for the Exchange of Good Practice supported by the European Union's ERASMUS+ program.

In preparation of the first Lab in 2021 many participants answered the pre-questionnaire. The results were analysed by Jan Göschel and will be published in the upcoming issue of the journal *Perspectives*. A working draft is available on the project website, under the Results tab (<https://inclusivesocial.org/en/peer2peer-cet/>). We encourage you to have a look at this inspiring document and discuss it with colleagues in your faculties!

When the Training Council looked at the rich data resulting from that questionnaire, we realised that we have a deep-rooted culture of exchange, resulting from many years of working together internationally in the field of training. At its centre lie interactive, open peer dialogue, resonance through encounter and the schooling of self-perception and reflexion.

In hindsight, the topics of the conferences in the pre-Corona years mirror the consciousness of a growing insecurity worldwide: 2018, for example, *Professional Insecurity as Source of Inner Security* or 2019 *Homelessness and Relationship Building – Methodical-Didactical Approaches*.

On this background, it may be apt to hypothesize that there is a mutual, interactive relationship between those competencies and the courage to proactively face uncertain situations. Therefore, the training circle has decided to use the second Lab of the Erasmus+ project to pointedly tackle the question of radical uncertainty once more.

We want to look at situations when knowledge, methods and experience seem to fail and we have to step beyond them: Situations when we seem to lose contact with a topic, a student, a colleague, or even ourselves ... Situations that cannot be answered by any one learned instrument or achieved competency, but have to be answered solely from within ... Situations, when we have to re-establish

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contact, first with ourselves, then with others, through that foggy field of “nothingness”, where at first we really do not know how to do just that. We all know this experience individually from personal crises and from challenging social or training situations. Since the common experience of the worldwide Covid crisis, we also know it as humankind.

In a wider sense, this year’s topic moves a step onward from the first lab’s topic of *Being Touched and Being in Touch – Sich berühren lassen* in 2021, and we go “beyond” touch: What happens when we seem to lose touch? What phenomena can we observe from the inside? How do we react? What past experiences and feelings are being triggered, what will impulses do we perceive and why do we or don’t we follow them: And what happens in our environment in such a situation: What phenomena can we observe in the world around us? How can we hold and guide ourselves – and others – through this experience of insecurity?

For the 2nd Lab of the Erasmus+ project aimed at developing our strategic partnership, we would like to exchange our experiences and questions on this topic, particularly regarding these training related questions:

- How do we work in our training settings when certainties are radically gone and when, even if only for a split-second, there seems to be literally *nothing* to hold onto?
- What are our personal experiences in such a situation?
- Can we sharpen our consciousness for such situations?
- Are there maybe ways of consciously and courageously stepping into this “nothingness”?
- Can we re-link this to the methods we use, but in a new, individual way?
- Do we find inspiration for these situations in the Curative Education Course?
- And, last but not least, in what way do our trainings open experiential spaces to enable the students to face just such situations?

We would like to warmly invite you to tackle this challenging topic with us, at our 2nd Erasmus+ Lab, from May 4th to May 7th, 2022. We will have lectures, a world-café, conversation and working groups. Looking forward to seeing you all – in person in Kassel or online via Zoom.

For the Training Council (Project Coordination)

Jan Göschel

Annette Pichler

Registration Information

With the support of the ERASMUS+ grant for project partners, and through a solidarity fund set up parallel to this by the Anthroposophic Council for Inclusive Social Development, we hope to enable all interested teachers, trainers, practice instructors, lecturers, mentors, etc. to join our work.

You can participate in this year's conference from May 4-7, 2022, either in person in Kassel, Germany, or online. You will find the link to the registration form under the **'Methodical-Didactic Lab II' (Kassel 2022)** tab on the project website: <https://inclusivesocial.org/en/peer2peer-cet/>.

Please submit your registration by Easter Monday, April 18!

The program schedule, as well as a project description, all materials, and results can also be found on the project website.