



Trauma Therapy & Post-traumatic Growth Theory, First Aid and Complementary Therapy

Online Conference from January 29 to April 2, 2023
Every Sunday from 3 p.m. to 5:15 p.m. GMT on www.eurythmy4you.com

*Experienced clinicians and researchers demonstrate different approaches to trauma.
People in the field present a wealth of proven exercises for post-traumatic growth.*

If you yourself are affected by trauma, the lectures and workshops will teach you what is necessary so that you are not defeated by trauma but enter into post-traumatic growth.

For you as a physician and therapist, the easy-to-use trauma exercises shown in the workshops provide a set of stabilizing elements to complement your existing therapies.

You, as a companion to a person affected by trauma, will be given tools to support them in walking their path and making post-traumatic growth a reality.

The conference is about potential, practical exercises, meditations, and the art of living to overcome trauma. All exercises are simple and can be done even with limited mobility.

Open Trauma Forum for conference participants and all who want to discuss and share.

Conference Languages: English, German, Russian, and Ukrainian with simultaneous translation.

Tickets: 120 euros / 90 euros. Pay in Euro, USD, CAD or GBP. Day tickets, tickets for groups and “Pay What You Can” option available.

Participants have lifetime access to the recordings and receive a training confirmation.

You are cordially invited to become a trauma informed global citizen.

www.eurythmy4you.com