

Prices:

Prices May days 2023 with accommodation per person:

Conference package Sunday to Wednesday with accommodation 3 nights in a single room: **NOK 9760**

Conference package Sunday to Wednesday with accommodation 3 nights in a double room: **NOK 8350**

Conference package Sunday to Wednesday with accommodation 3 nights in a triple room: **NOK 7870**

(if you do not want lunch on Wednesday: - NOK 300)

Prices for May days 2023 without accommodation per person:

Conference package Sunday to Wednesday including lunch on Wednesday: **NOK 5930**

Conference package Sunday to Wednesday without lunch on Wednesday: **NOK 5630**

The conference packages include the hotel's tasty lunch and dinner, conference fee, Quality break - coffee, tea, iced water all day. Fruit, cake, popcorn and soft ice cream, available 10.00 – 15.30.



For registration and more information go to website: nfls.nu



Nordiska Förbundet
för Läkepedagogik och Socialterapi

Location and how to get there:

Quality Hotel Strand, Elvegata 2-4, 2815 Gjøvik, Norway

www.nordicchoicehotels.no

Runa S. Evensen

Shooting Stars

JOY - COMMITMENT - CURIOSITY

May days May 7-10

Program May days 7-10 May 2023 in NORWAY

Sunday May 7

13.00-15.00	Class for members of The School of Spiritual Science
15.00	Check-in opens
16.00	NFLS annual meeting
17.00	Dinner
18.00	A welcome prelude
20.00	Concert

Monday May 8

09.00	Musical opening by Cornelius Evensen
09.20	Lecture Audun Myskja «I should have said I love you»
10.30	Coffee break
11.15	Workshops
13.00	Lunch
14.00	Excursion/Experience room
15.00	Break
16.30	Workshops
18.00	Dinner
19.00	Talkshow about driving force
20.00	Concert
21.00	Night cafe

Tuesday May 9

9.00	Musical opening by Cornelius Evensen
9.20	Lecture Marie Wallin Carlbom «The journey between point and circle»
10.30	Coffee break
11.15	Eurythmy performance with and by Steiner school students in cinema hall 1
12.00	Experience room
13.00	Lunch
14.00	In-depth lectures/groups
15.15	Workshops
16.15	Break
16.30	Odd Jarle Stener Olsen "About the village impulse" in cinema hall 1

Continuation on Tuesday May 9

17.00	The film about Ola "Extraordinary me"
19.00	Festive dinner and concert

Wednesday May 10

09.00	Musical prelude Lecture Dag Blakkisrud "Language-Movement- Living thinking"
10.30	Break
11.15	Grand final
13.00	Lunch/check-out

Intention:

• EXPERIENCE ROOM:

Learning does not mean being told something and then being able to remember it. To learn is to open space to gain experience. The experience rooms at the conference are designed as an hour's resonance room, where different aspects of being human, riddles, insights and discoveries can resonate, inspire and enliven us exactly where we are in life. We are invited to dive into experience rooms with questions about the three fold social order, meditation, emergency pedagogy, curative education, study work, mutual inclusion, the healing aspect of our work, low arousal and much more.

• WORKSHOPS:

You choose a workshop according to a topic that arouses your curiosity and that you want to focus on during the conference. As a participant, you can join one such workshop.

Note: some groups have a limited number of participants.

• DEEPENING LECTURES

An opportunity to delve into anthroposophy as a source of inspiration and a guide for the theme of the conference.

• TALK SHOW

A dynamic group conversation on stage. There will be room for laughter and seriousness, knowledge and wonder and perhaps an occasional shooting star.