

Autonomous non-profit organisation

Inclusive Center for Curative Education

«Berdem»

Kazan, Russia 2023

The main specialists of the center «Berdem»



Inna Alekseeva,
defectologist, curative
educator



Pak Angelita, 1st grade teacher,
elementary school teacher,
curative educator (studying)



Bulat Zaripov, assistant curative
educator



Liia Ivanova, curative educator, family and child psychologist,
defectologist, delegate of the international «Future Shapers» team

Inclusive kindergarten «Berdem»



«Berdem» is the first center of curative education in the subject of the Russian Federation, in the Republic of Tatarstan, Kazan city. The center began its activities on February, 2019. Then the 1st group of short-term stay (for 2 hours a day / once per week) for children with special needs was launched. Gradually, the time spent by children in the group increased to 4 hours / 3 times a week. Now the group works full day (3 meals per day, sleep, walk) 3 times a week from 8.30 to 16.00.

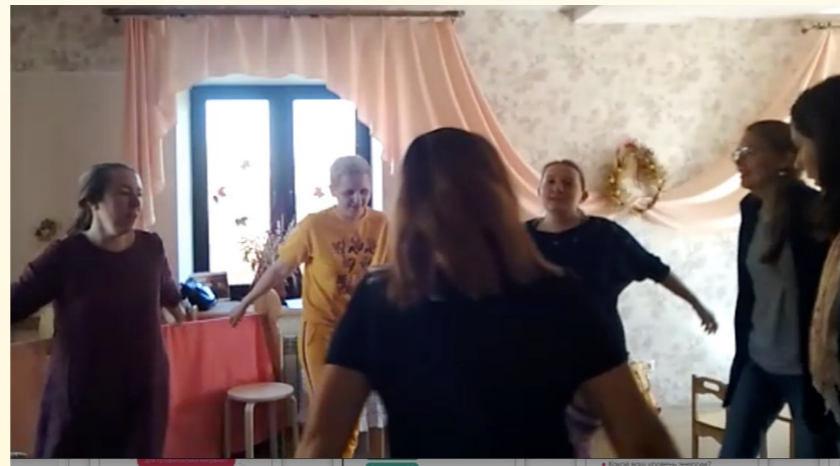
Inclusive school «Berdem»



Starting in September 2021, the 1st class for curative education for «unteachable» children and the 2nd Waldorf class with children without special needs. This is a real inclusive school, not just a remedial class inside a regular comprehensive school. It's a whole new inclusive approach to education. Where classes are taught separately, so no one loses in the process of learning. But all general school activities (morning greetings, outside walks, eating, preparing for holidays, celebrations etc.) take place together. This is a very important criterion if we really want to raise a generation in a fully inclusive society, with clear understanding of what is «Inclusion».

The classes are on weekdays (Monday to Friday) from 8.30 to 16.00.

Additional classes in the center «Berdem»



Every Saturday, parents of our center have 2-hour sessions with visiting specialists or specialists from the center (curative educator, eurythmist, botmergymnast, crafts and arts (wool, painting, modeling, etc.), body-oriented therapist, music therapist, rhythmic massage therapist, biographer, etc.). These classes are incredibly therapeutic for the parents or caregivers of these children, and they also learn new skills that they can use independently in everyday life



The «Mother & baby» class is held twice a week for very young children from 1.5 to 3 years old, where, thanks to the gentle approach of curative education, mothers «accept» the diagnosis or unusualness of their child, as one of the main goals of these classes. And also, to teach the mother to play with her child, to see her child's needs, which are sometimes very difficult to recognize, and habilitation of a child.

«Berdem» Center Workshops Specialists



Leather workshop — Tsepkov Yuri, works with children with disabilities, leads programming and robotics, founder of «Sobol» Leather Workshop, conducted leather workshops in a resource class for children with the autism spectrum at School №1.

Culinary workshop — Vera Zhidkikh, master of industrial training, the organization of service of catering enterprises. Worked with a group of people with disabilities (18+) in the project «Inclusive Cuisine» in Izhevsk.



Pottery workshop — Anna Doronina, master of pottery, sculptor, worked with people with disabilities in Ivanovo.

Sewing workshop — Rakhmatullina Leila, technology teacher (sewing), mother of special children on the autism spectrum, educator with higher education.

Further plans of the center, which are also being worked on:

- Opening the following inclusive workshops: carpentry, paper, wool and felt, souvenir, sports, journalism, brand and design development, organizer's workshop (where organizers/curators w/special needs for some events will be trained). One of the ideas is that people with special needs after the trainings will be able to teach the next group of people with spacial needs and so on.
- Conducting master classes in Kazan, and further in the cities of the Republic of Tatarstan for people to have an idea of how to interact with people with special needs. The problem is that people almost do not meet people with disabilities in everyday life. Hence all the resulting problems.
- Opening a cafe (where people with special needs will work after training in a cooking workshop).
- Training apartments for people with special needs.
- Creating a first Camphill in Republic of Tatarstan next to the city (so people that live there will have regular, permanent communication and interaction with citizens).
- Organization of the congress in Kazan for people with special needs.
- Creation of job places for people with special needs in an inclusive society in regular organizations, businesses.